

# DeKalb Leadership Academy

Chamber of Commerce

Academy



## Meet 2020-2021 Class Member | **Chrystal Ciodyk** | Chrystal Clinic

Chrystal Nicole Ciodyk graduated from Pacific College of Oriental Medicine in Chicago, IL where she simultaneously earned her Masters of Science in Traditional Oriental Medicine and her Doctorate of Acupuncture and Chinese Medicine.

Chrystal's training includes all aspects and modalities of Chinese medicine including acupuncture, Chinese herbal medicine, moxibustion, cupping, gua sha, tui na, electrical stimulation, tai chi, qi gong, and eastern nutrition. She received additional training in Japanese acupuncture, Pediatric tui na, Biodynamic Craniosacral Therapy, and Hypnobirthing. Her experience and success with patients range from a wide variety of imbalances including insomnia, digestive complaints, anxiety, depression, stress relief, cold/flu, allergies, pain, shingles, migraines, and infertility.

Being the mother of two boys and treating patients in her clinic, Chrystal strongly encourages self care routines. Having daily, weekly, and monthly goals is highly recommended. She has a passion for natural healing and believes that everyone can benefit and be assisted on their healing journey with the use of the modalities of Chinese medicine.



DAILY CHRONICLE

